



Communication Skills Training & Psychosocial Oncology Care a EPAAC-WP7 objective

Part 1: Screening for distress in cancer patients

IPOS Faculty: Prof. Anja Mehnert
Program coordinator: Dr. Luzia Travado
Hosting Organization: IOCN - Dr. Florian Nicula

November 18, 2013

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| 9:00h | Welcome by the hosting organizers and local authorities and opening introduction to the 3 days program by the program coordinator |
| 9:10h | Communication skills training and Psychosocial oncology care - an EPAAC WP7 objective and the IPOS new standard in quality cancer care (program coordinator) |
| 9:30h | Basic knowledge about frequent psychosocial distress syndromes (distress, anxiety, fear of recurrence and depression) and etiologic factors |
| 11:00h | COFFEE-BREAK |
| 11:20h | Difficulties in diagnostic of mental disorders and elevated distress in cancer patients |
| 13:00h | LUNCH |
| 14:00h | Screening approaches and models delivery of psychosocial services |
| 15:20h | COFFEE-BREAK |
| 15:40h | Screening questionnaires: Psychometric requirements (e.g. Distress thermometer, PHQ-9, PHQ-4, EORTC-QLQ-C30) |
| 17:00h | Conclusions |
| 19:00h | Gala dinner
Hotel Meridian |
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Part 2: Dealing with psychosocial morbidity in cancer care (especially mood disorders)

IPOS Faculty: Prof. Luigi Grassi
Program coordinator: Dr. Luzia Travado
Hosting Organization: IOCN - Dr. Florian Nicula

November 19, 2013

9:00h	Presentation of the day
9:15h	Plenary session: General issues (epidemiology, diagnosis and classification) of depression in cancer care Theory and practice in small group exercises
11:00h	COFFEE-BREAK
11:20h	Plenary Session: Pathogenesis and risk factors; assessment tools (tests and interview) Theory and practice in small group / role-play exercises with clinical cases
13:00h	LUNCH
14:00h	Plenary session: Clinical impact and main consequences; assessment of suicide risk Theory and practice in small group / role-playing exercises with clinical cases
15:20h	COFFEE-BREAK
15:40h	Plenary session: Intervention and treatment – didactic material
17:00h	Conclusions and take home messages



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Part 3: Advanced Training

Organisation of Psycho-oncology Services and Advanced Practice in Cognitive-Behavior Therapy

IPOS Faculty: Prof. Maggie Watson
Program coordinator: Dr. Luzia Travado
Hosting Organization: IOCN - Dr. Florian Nicula

November 20, 2013

9:00h	Service Organisation: Development/Delivery of Psycho-oncology Services
9:45h	Service Development Discussion (Whole Group)
10:30h	COFFEE-BREAK
11:00h	Basic Principles and Competences of Cognitive Behavioural Therapy
11:45h	Formulation and Treatment Planning (Whole Group)
12:30h	LUNCH
13:30h	Therapy Role Plays (Whole Group)
15-15:30h	COFFEE-BREAK
15:30	Complex Cases: Role Plays (Whole Group)
16:30h	Debriefing and Summary (Whole Group)
17:30h	END
